

# Resource Summary Report

Generated by [dkNET](#) on Sep 1, 2026

## Binge Eating Scale

RRID:SCR\_003694

Type: Tool

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### Proper Citation

Binge Eating Scale (RRID:SCR\_003694)

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### Resource Information

**URL:** <http://psychology-tools.com/binge-eating-scale/>

**Proper Citation:** Binge Eating Scale (RRID:SCR\_003694)

**Description:** A 16 item questionnaire used to assess the presence of binge eating behavior indicative of an eating disorder that was devised specifically for use with obese individuals. The questions are based upon both behavioral characteristics (e.g., amount of food consumed) and the emotional, cognitive response, guilt or shame. Each question has 3-4 separate responses assigned a numerical value. The score range is from 0-46: \* 17 Non-Binging \* 18-26 Moderate Binging \* 27 and greater Severe Binging (Adapted from Wikipedia)

**Abbreviations:** BES

**Resource Type:** assessment test provider, material resource

**Keywords:** binge eating

**Related Condition:** Eating disorder, Obesity

**Availability:** Free

**Resource Name:** Binge Eating Scale

**Resource ID:** SCR\_003694

**Alternate IDs:** nlx\_157847

**Record Creation Time:** 20220129T080220+0000

**Record Last Update:** 20260829T183056+0000

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### Ratings and Alerts

No rating or validation information has been found for Binge Eating Scale.

No alerts have been found for Binge Eating Scale.

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## Data and Source Information

**Source:** [SciCrunch Registry](#)

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## Usage and Citation Metrics

We have not found any literature mentions for this resource.